

2018 Challenge
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1. **Attitude.**

- Your attitude is a choice you make.
- Your **positive** attitude helps you overcome difficulties.

*"It's not what happens to me. It's what happens in me that counts!"
~ Dr. John Maxwell*

- Everyone at times needs an attitude adjustment.
 - (1) Take responsibility for your attitude.
 - (2) Give yourself a timeline to fix your attitude.
 - (3) Manage your attitude daily.
 - (4) Feed your positive attitude, and starve your negative attitude.

2. **Character.**

- Character is a choice.
- Character is more than talk.

"Your actions reflect your character."

- All character needs improvement.
- You cannot rise above the limitations of your character.

3. **Choices.**

- Life begins with no choices.
- As age increases the gift of choice increases.
- There is tremendous value in making good choices.

Everything in your life is a reflection of a choice you have made.

- Choices are the best way to change your life.
- Choices of lasting value are about values.

4. **Commitment.**

- Starting is easy; finishing is not.
- The first step of commitment is action.

Commitment always precedes achievement!

- The final test of commitment is completion.
- Share your commitment with others.
- Remind yourself of the benefits of commitments.

5. **Growth.**

- Growth must be intentional.
- Growth thrives in the right environments.
- Growth requires time.